



The Civil Aviation Authority of Thailand

Notification on

Guideline about Avian Influenza (Bird Flu) for Travelers

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In response to the recent information that a Taiwanese traveler who returned from the People's Republic of China had died from Avian Influenza A (H7N9) and the updated report from the World Health Organization (WHO) that there have been more than 100 patients suffered from this disease in the People's Republic of China and Hong Kong Special Administrative Region,

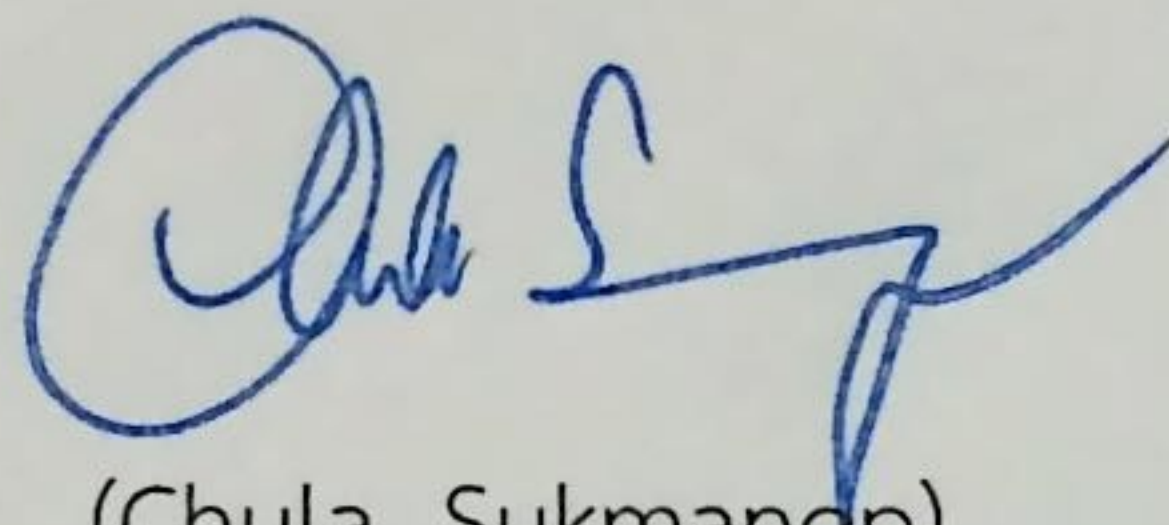
In order to create common understanding and prevent safety risk on health issue of travelers visiting the high risk areas which are the People's Republic of China, the Republic of China (Taiwan), Hong Kong Special Administrative Region and Macau Special Administrative Region, according to the recommendation from the Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO), the Civil Aviation Authority of Thailand hereby issue the following guideline:

1. There is no vaccine available to prevent H7N9 virus infection.
2. Do not touch birds, whether they are alive or dead.
3. Avoid live bird or poultry markets, including the places where birds are slaughtered (wet markets).
4. Avoid the places that might be contaminated with bird feces.
5. Eat poultry that is fully cooked and served hot. Eat hard-cooked eggs (not runny).
6. As a general precaution, do not eat or drink from dishes contaminated with blood from any animal.
7. As a general precaution, do not eat food from street vendors.
8. Practice hygiene and cleanliness.
  - 8.1 Often wash your hands.
  - 8.2 If soap and water is not available, clean your hands with hand sanitizer containing at least 60% alcohol.
  - 8.3 Do not touch your eyes, nose, or mouth. If you need to touch your face, make sure your hands are clean.

- 8.4 Cover your mouth and nose with handkerchief, sanitary mask or clean sleeves, not your hands, when coughing or sneezing.
- 8.5 Try to avoid close contact, such as kissing, hugging, or sharing eating utensils or cups with people who are ill.
9. If you feel ill after visiting the above countries:
- 9.1 Notify your doctor or nurse if you feel seriously ill, especially if you have a fever, cough, or shortness of breath.
- 9.2 Inform the medical personnel about your visit to the above countries.
- 9.3 Avoid contact with other people while you are ill.

All air operators shall inform the passengers and the crew of the above guideline. The cabin crew shall also make on board public announcement to the passengers.

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(Chula Sukmanop)

Director General

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